

SUNDAY
10:00AM 1HR Unity Not Uniformity , Mount Vernon Senior Center, 1401 Cleveland Avenue, Mount Vernon, WA, 98273-4861 (O,BT,WC,BK,HY) Zoom Meeting ID: 830 5568 0930 Passcode: 1224
NOON 1. 25HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,NS)
5:00PM 1. 25HR New Frontiers Group (NFG) , New Frontiers Hall, 920 North Forest Street, Bellingham, WA, 98225 (O,WC,NS)
6:00PM 1HR Sunday Ruminations , Friday Harbor, WA, 98250 (O,WC,BK,VM) Zoom Meeting ID: 103 030 432 Passcode: thirdstep
MONDAY
7:30AM 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,NS)
7:30AM 1HR Rise and Shine , Bellingham, WA, (O,D,VM) Zoom Meeting ID: 889 2681 2562 Passcode: 9999
NOON 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,CS,WC,NS)
5:30PM 1HR Renegade NA Meeting , 1013 W Holly St, Bellingham, WA, 98225 (O)
6:00PM 1HR Our Common Solution , Deer Lagoon Grange, 5142 Bayview Rd, Langley, WA, 98260 (O,LS)
7:00PM 1HR Blaine NA , United Church of Christ, 885 4th Street, Blaine, WA, 98230 (O,D,JT,WC)
7:00PM 1HR It Works How & Why , Fellowship Hall, 395 Spring Street, Friday Harbor, WA, 98250-7222 (O,IW,WC,BK) <i>Friday Harbor is on San Juan Island. Reservations are suggested Customer Service Phone: Local (206) 464-6400. Toll-free (888)-808- 7977 Call Center Hours 7 a.m. to 5:30 p.m. daily. Online reservations: https://secureapps.wsdot.wa.gov/Ferries/Reservations</i>
7:00PM 1. 25HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,SD,WC,NS)
7:00PM 1HR North Whidbey NA , Oak Harbor Lutheran Church, 1253 NW 2nd Avenue, Oak Harbor, WA, 98277-7220 (O,WC,BK)
TUESDAY
7:30AM 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,BK,NS)
NOON 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,CS,D,WC,NS)
6:00PM 1HR Serenity Sisters , Langley Methodist Church, 301 Anthes Avenue, Langley, WA, 98260 (C,CS,W,WC,LS)
6:30PM 1HR Positive Connections , Mount Vernon Senior Center, 1401 Cleveland Ave., Mount Vernon, WA, 98273 (O,D,WC)
7:00PM 1HR Hug Junkies , Suite B206, 390 NE Midway Boulevard, Oak Harbor, WA, 98277-2642 (O,WC)
7:00PM 1. 25HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,NS,LS)
7:00PM 1HR Not High on the Mountain , East Whatcom Regional Resource Center, 8251 Kendall Road, Maple Falls, WA, 98266-8272 (O,D,WC)

7:00PM 1HR The Simple Wish , Faith Lutheran Church, 2750 Mcleod Road, Bellingham, WA, 98225-1380 (O,D,WC)
WEDNESDAY
7:30AM 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,D,WC,NS)
NOON 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,D,WC,NS)
6:00PM 1HR NA Live Wednesday , St Peter's Lutheran Church, 6309 Wilson Pl, Clinton, WA, 98236 (O,WC,BK,LS)
7:00PM 1. 25HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,NS)
7:00PM 1.5HR Wednesday Inspirations , Fellowship Hall, 395 Spring Street, Friday Harbor, WA, 98250-7222 (O,WC,BK) <i>Friday Harbor is on San Juan Island. Reservations are suggested Customer Service Phone: Local (206) 464-6400. Toll-free (888)-808- 7977 Call Center Hours 7 a.m. to 5:30 p.m. daily. Online reservations: https://secureapps.wsdot.wa.gov/Ferries/Reservations</i>
THURSDAY
7:30AM 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,NS)
7:30AM 1HR Rise and Shine , Bellingham, WA, 98225 (VM) Zoom Meeting ID: 889 2681 2562 Passcode: 9999
NOON 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,NS)
5:30PM 1HR New Frontiers Group , 920 North Forest Street, Bellingham, WA, 98225 (O,YP,ENG)
5:30PM 1HR Sea of Serenity (SOS) , Orcas Airport, 1286 Mt. Baker Road, Eastsound, WA, 98245 (O,RF,WC,HY) Zoom ID: 710 451 1145 No Passcode Meeting at the only two-story building in the SW corner of the airport area.
7:00PM 1HR Freedom Group Men's Meeting , Bellingham, WA, 98225 (O,M,WC,VM) Zoom Meeting ID: 875 0435 4754 Passcode: 9999
7:00PM 1. 25HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,D,WC,NS,SB)
7:00PM 1HR North Whidbey NA , Oak Harbor Lutheran Church, 1253 NW 2nd Avenue, Oak Harbor, WA, 98277-7220 (O,WC)
7:00PM 1HR Not High on the Mountain , East Whatcom Regional Resource Center, 8251 Kendall Road, Maple Falls, WA, 98266-8272 (O,D,WC)
FRIDAY
7:30AM 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,D,WC,NS)
NOON 1HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,D,WC,NS)
6:00PM 1HR NA Live Friday , Langley Fellowship Hall, 6309 Wilson Pl, Clinton, WA, 98236 (O) <i>Last Friday Pot Luck starts at 5:00/ Birthday meeting at 6:00</i>
7:00PM 1. 25HR A Gift for Today , First Baptist Church, 110 Flora Street, Bellingham, WA, 98225-4411 (O,D,WC)

7:00PM 1HR Exchange Candlelight , Fellowship Hall, 395 Spring Street, Friday Harbor, WA, 98250-7222 (O,CL,WC) <i>Friday Harbor is on San Juan Island. Reservations are suggested Customer Service Phone: Local (206) 464-6400. Toll-free (888)-808- 7977 Call Center Hours 7 a.m. to 5:30 p.m. daily. Online reservations: https://secureapps.wsdot.wa.gov/Ferries/Reservations</i>
7:00PM 1HR Hug Junkies , Unit 206, 390 NE Midway Boulevard, Oak Harbor, WA, 98277-2642 (O,WC)
7:30PM 1HR Our Common Bond , Mount Vernon Senior Center, 1401 Cleveland Avenue, Mount Vernon, WA, 98273 (O,CL)
8:30PM 1. 25HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225 (O,CL,WC,NS)
SATURDAY
10:30AM 1. 25HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,NS,SB)
6:00PM 1HR Meeting Before The Meeting , Mount Vernon Senior Center, 1401 Cleveland Avenue, Mount Vernon, WA, 98273-4861 (O,WC)
7:00PM 1HR Hug Junkies , Suite B206, 390 NE Midway Boulevard, Oak Harbor, WA, 98277-2642 (O,D,WC)
7:00PM 1. 25HR New Frontiers Group (NFG) , New Frontiers Meeting Hall, 920 North Forest Street, Bellingham, WA, 98225-5508 (O,WC,NS)
7:00PM 1. 25HR Saturday Night Virtual Speaker Meeting , Bellingham, WA, 98226 (SD,VM) Zoom Meeting ID: 847 1343 1261 Passcode: 9999

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed
CL	Candlelight	CS	Children under Supervision
D	Discussion	IW	It Works -How and Why
JT	Just for Today	M	Men
O	Open	RF	Rotating Format
SD	Speaker/Discussion	W	Women
WC	Wheelchair	YP	Young People
BK	Book Study	NS	No Smoking
VM	Virtual Meeting	HY	Hybrid Meeting
SB	Smoke Break	LS	Literature Study
ENG	English speaking		

Most of us do not have to think twice about this question. WE KNOW! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

1. We admitted we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God, as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list off all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Willing to Sponsor? PHONE NUMBERS

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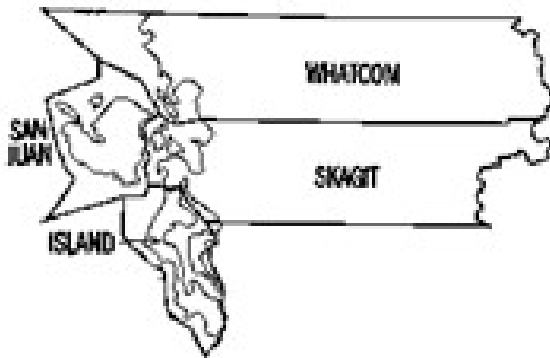
Northwest Washington Service Committee

MEETING DIRECTORY

Revised: September 29, 2025

For all inquiries, please email: nwscna@gmail.com
Or visit our website: nwscna.org

Includes all meetings in Island, San Juan, Skagit, and Whatcom Counties including:
Bellingham, Blaine, Eastsound, Freeland, Friday Harbor, Langley, Lummi, Maple Falls, Mount Vernon, Oak Harbor, Online



**24-HOUR HELPLINE:
(360) 647-3234**